

December 2024

1 Breakfast	2	3	4	5	6	7
8 Christmas Program & Potluck	9	10	11	12	13	14 Cookie Exchange, Worship and Ornament Painting 5-7 PM
15 Breakfast	16	17 Ladies Night Out	18	19	20	21
22	23	24 Christmas Eve	25 Christmas Day	26	27	28
29	30	31 New Years Eve				

Morning and Evening, Set Your Prayers Before the Lord

By Shirlee Abbott

I first encountered incense back in the 1970s, when lots of college students burned small cones or sticks in their dorm rooms. The incense burned slowly, slivers of fragrant smoke rising toward the ceiling, and the sweet smell replaced the stink of damp towels, dirty laundry and burnt popcorn. The aroma lingered in the room long after the last spark fizzled out. Today's key Bible verse reminds me of my dorm days: "May my prayer be set before you like incense; may the lifting up of my hands be like the evening sacrifice" (Psalm 141:2).

I picture my prayer as a bit of burning incense, rising to heaven in a thread of fragrant smoke. I imagine my words drifting upward, a sweet aroma pleasing to God. The fragrance clings to me as I step out of my prayer space and into the world. I catch a whiff as I go to work, wash dishes and walk in the park. The scent of praise clings to me as I crawl into bed at the end of my day.

Elsewhere in the Old Testament, we learn more about the ancient use of incense. In Exodus 30:7-8, God said, "Aaron must burn fragrant incense on the altar every morning when he tends the lamps. He must burn incense again when he lights the lamps at twilight so incense will burn regularly before the LORD for the generations to come (NIV).

The altar was in the tabernacle, the tent where the Israelites worshipped God. Aaron, the high priest, burned incense there every morning and evening. Similarly, every morning before my feet hit the floor, I set my prayer before the Lord like incense. Every evening, I do the same as I settle into bed, lifting my praise and thanks to heaven. At least ... that's the plan.

But sometimes I forget. Sometimes I get distracted, and sometimes I'm in no mood. I get up and go with nary a thought of God. I drop into bed at night too exhausted to care. But without prayer bracketing my day, it seems incomplete. Things don't feel quite right. I lack the spark, the fragrance and the connection. Fortunately, every moment of every day is a new opportunity to set our praises, requests and even our honest frustrations before the Lord like incense. We can pray morning, evening and anytime in between.

Ever since Aaron burned incense, "generations to come" (Exodus 30:8, NIV) have lifted morning and evening prayers to God. Imagine how many millions of faithful followers have set their prayers before Him ... including today's believers around the world, lifting praises and requests continually to the Lord. I want my prayers to rise with theirs.

Lord God, I want to set my prayers before You like incense. Teach me to pray morning, evening and in between. May the fragrance mingle with all Your people's countless prayers across time and space, an unending aroma pleasing to You. In Jesus' Name, Amen.

Lincoln Hills Bible Church - John 14:6 – Women's Ministry
 (lhbcfsf.org)

Women's Ministry Lincoln Hills Bible Church Facebook Page- **Our mission is to CONNECT women personally with Jesus Christ and each other in a growing, life-changing relationship.**

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December Breakfast

December 1

December 15

December Birthdays

6- Julie Pease

24- Jodi Randall

6- Amy Swier

26- Susette Randall

7- Audrey Fast

30- Kristi Engbrecht

7- Pam Tonneson

31 Kathryn Bates

14 Alexandra Vanderwerf

31- Nyiraribu Gwa

Bag of Needs

Thank you for being willing to fill a bag for the "Bag of Needs" project. Here are the steps that you can follow to fill your bag. The items that are in **BOLD** are ones that are needed the most. Thanks!

1. Take a bag to fill- choose what type of bag you will fill
2. Purchase the items on the list for your bag
3. Pack your bag with the items
 - a. 1 small quart bag is for snacks
 - b. 1 small quart bag is for toiletry items(shampoo, soap, deo, etc.)
4. Write a note of encouragement to the individual that may receive this bag
5. Bring the bag back to the church by Dec 29th.

Items for Men or Women

- **Socks**
- **Hat**
- **Gloves**
- Deodorant
- Combs
- Toothpaste
- Toothbrush
- Bar soap or travel soap
- Chapstick
- Hand sanitizer
- Wash cloths
- Travel size shampoo/ conditioner
- Shaving cream/ Shavers
- Lotion
- Handwarmers
- Tissues
- Wet ones
- Band aids
- Granola bars
- Beef Jerky

Items for Families

- **2 Adult Socks** **2 children socks**
- **2 Adult Hats** **2 children's hats**
- **2 Adult Gloves** **2 children's gloves**
- 2 Deodorant
- 4 Combs
- 2 Toothpaste
- 4 Toothbrush
- Bar soap or travel soap
- 4 Chapstick
- Hand sanitizer
- 4 Wash cloths
- Travel size shampoo/ conditioner
- Shaving cream/ Shavers
- Lotion
- Handwarmers
- Tissues
- Wet ones
- Band aids
- Granola bars
- Beef Jerky
- Other small snacks

Save the Dates

Bible Study

Ephesians by Jacki Hill Perry

Jan 28

Feb 11

Feb 25

March 11

March 25

April 8

April 22

Ladies Night Out

December 17th

6 PM

Applebee's

Empire Mall

Read Through the Bible in a Year

December 1- 1 Corinthians 9-11

December 2- 1 Corinthians 12-14

December 3- 1 Corinthians 15-16

December 4- 2 Corinthians 1-4

December 5- 2 Corinthians 5-9

December 6- 2 Corinthians 10-13

December 7- Galatians 1-3

December 8- Galatians 4-6

December 9- Ephesians 1-3

December 10- Ephesians 4-6

December 11- Philippians 1-4

December 12- Colossians 1-4

December 13- 1 Thessalonians 1-5

December 14- 2 Thessalonians 1-3

December 15- 1 Timothy 1-6

December 16- 2 Timothy 1-4

December 17- Titus and Philemon

December 18- Hebrews 1-6

December 19- Hebrews 7-10

December 20- Hebrews 11-13

December 21- James 1-5

December 22- 1 Peter 1-5

December 23- 2 Peter 1-3

December 24-1 John 1-5

December 25- 2 John and Jude

December 26- Revelation 1-3

December 27- Revelation 4-8

December 28- Revelation 9-12

December 29- Revelation 13-16

December 30- Revelation 17-19

December 31- Revelation 20-22